

**NEWS RELEASE**  
**FOR IMMEDIATE RELEASE**  
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## **NORTHERN SHORES FIFTH GRADERS TEAM UP WITH GROCERS TO SAVE THE PLANET**

SUFFOLK, Va. (April 2, 2009) While Earth Day is unlike other holidays where you get a gift or a card, the day is just as important. Earth Day is April 22<sup>nd</sup>. It is a time to create new ways to accelerate environmental progress. Earth Day is a time to act to protect our planet.

In collaboration with the Suffolk Litter Control Office and Food Lion Store #1512, the fifth graders at Northern Shores Elementary united to participate in the Earth Day Groceries Project. Food Lion donated 80 brown grocery bags. Northern Shores Art Teacher Jan Belote, affectionately called "Miss Art" helped the students decorate the bags with Earth Day Messages to grocers. On Earth Day, Food Lion will use the bags for their customers' groceries.

This Earth Day make a commitment to the environment. Below are a few ways you can do your part in making a difference:

- Encourage your family to recycle.
- Switch to energy-efficient light bulbs in your house to reduce the effects of global warming.
- Recycle your glass bottle and aluminum can. Every glass bottle you recycle saves enough energy to run a TV for an hour and a half, while recycling an aluminum can saves enough energy to run your TV for three hours.
- Turn out the lights when you leave a room.

- Use re-useable containers for school lunches and snacks.

**Photos by Hattie Lester, Litter Control Coordinator**

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Pictured are (top) (left to right) Alondra Galindo, Helen Paul, Tavonia Claude, Shaniyah Adams, River Fiedler and Jacquez Pierce; (bottom) (left to right) Michael Blevins, Bria Headen, Chris Standley and Jordan Jackson. These students and other fifth graders decorated bags for grocers with special Earth Day messages.

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Northern Shores Art Teacher Jan Belote, affectionately called “Miss Art”, helps Kierrah Jones with ideas for her Earth Day bag.

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