

NEWS RELEASE
FOR IMMEDIATE RELEASE
August 13, 2012



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What's Happening in Suffolk This Week...

**WEDNESDAY, August 15, FRIDAY, August 17 and
SATURDAY, August 18**

Suffolk Farmers' Market



The Suffolk Farmers' Market is an open-air gathering place offering locally-grown fresh fruits and vegetables, eggs, honey, homemade jams and jellies, baked goods, fresh-cut flowers, plants and handmade jewelry and crafts. Held in the Visitor Center Pavilion, conveniently located behind the Suffolk Visitor Center at the corner of Main Street and Constance Road, the Market will operate rain or shine on Wednesdays from 3 to 6 p.m., Fridays from 4 to 7 p.m., and Saturdays from 9 a.m. to 1 p.m. For more information, contact the Visitor's Center at 514-4130.

WEDNESDAY, August 15

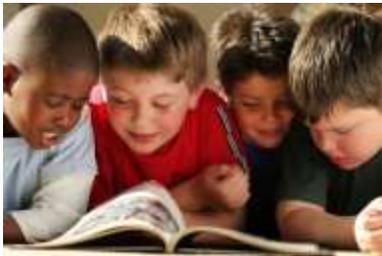
"Barn Cat" Special!



Calling all barn cats! Suffolk Humane will hold a barn cat special during the month of August. Suffolk Humane will offer a \$20.00 special to spay/neuter all "barn" cats (all cats will qualify as barn cats). Cat must be up to date on shots, and if not, they will be available at a reduced cost. The special will be available at the Virginia Beach SPCA's Neuter Scooter, hosted by Suffolk Humane Wednesday, August 15, from 8 a.m. until 3 p.m. at the Magnolia Ruritan Club building, 1047 Nansemond Parkway.

Suffolk Humane partners with the Virginia Beach SPCA to bring the Neuter Scooter to Suffolk several days a month. The Neuter Scooter is a mobile surgical bus offering low cost spay/neuter, vaccines and other services. For more information or to schedule an appointment, call (757) 538-3030. Spaces will fill up fast, so call early!

Story Time- Chuckatuck Library



Join us on August 15 from 11:00 a.m. to 11:30 a.m. for a fun 30-minute program with books, songs and rhymes for children of all ages! Groups and daycares are welcome at our Wednesday morning events, but we cannot accommodate groups or daycares in story time programs. For more information, call 514-7310.

THURSDAY, August 16

"Barn Cat" Special!



Suffolk Humane will hold a barn cat special during the month of August. Suffolk Humane will offer a \$20.00 special to spay/neuter all "barn" cats (all cats will qualify as barn cats). Cat must be up to date on shots, and if not, they will be available at a reduced cost. The special will be available on August 16 from 8:00 a.m. to 3:00

p.m. at the office of Suffolk Humane Society, 4300 Nansemond Parkway in the village of Driver.

Suffolk Humane partners with the Virginia Beach SPCA to bring the Neuter Scooter to Suffolk several days a month. The Neuter Scooter is a mobile surgical bus offering low cost spay/neuter, vaccines and other services. For more information or to schedule an appointment, call (757) 538-3030. Spaces will fill up fast, so call early!

BARKS (Books and Reading for Kids in Suffolk) Program Event



On Thursday, August 16 from 6:30 p.m. to 8 p.m., Suffolk Humane Society and St. Paul's Episcopal Church, 213 North Main Street) have partnered to bring the BARKS (Books and Reading for Kids in Suffolk) Program to Suffolk children. The program allows children to read one on one to a therapy dog and their handler in a non-threatening environment and utilizes therapy dogs because they are non-judgmental listeners. Your child will feel confident while reading to a furry friend!

In addition to reading, there will be treats for the children and

coffee & donuts will also be available. Walk-ins are welcome, and enrollment is first come, first served. For more information, please contact Michele Thames at (757) 538-3030 or email MicheleThames@SuffolkHumaneSociety.com

FRIDAY, August 17

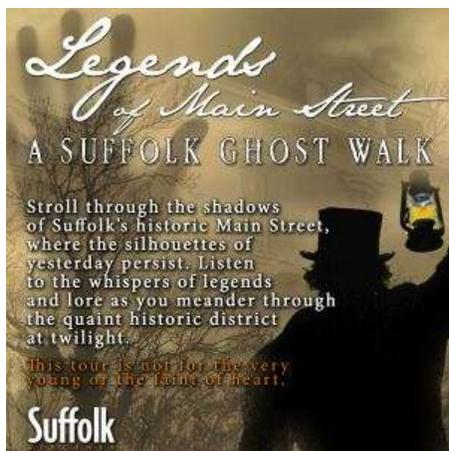
Bennett's Creek T.G.I.F Summer Concert Series featuring A Touch of Spice



Join us on Friday, August 17, 2012, and unwind at Bennett's Creek Park after a long work week! Enjoy music, food and great company. Each Friday evening is highlighted by a different musical genre. Bennett's Creek Park is located at 3000 Bennett's Creek Park Road. For more information on T.G.I.F, contact Lori at 514-7267.

SATURDAY, August 18

Legends of Main Street: A Suffolk Ghost Walk



Join us at the Suffolk Visitor's Center on Saturday, August 18 at 7:30 p.m. for a hair-raising encounter with the spirited side of Suffolk. Follow a costumed guide through the shadows of historic Main Street discovering stories, legends and "unexplained occurrences" by lantern light. Tales of unsolved mysteries and unresolved affairs abound throughout Suffolk's historically hip Ghost Walk. Reservations are required and for more information or to reserve a spot

call 514-4130. The Visitor's Center is located at 524 North Main Street.

SATURDAY, August 18 and SUNDAY, August 19

Nansemond Indian Tribe Pow Wow



Join us at Lone Star Lakes for a two-day cultural celebration including music, dance, authentic crafts and food. The Pow Wow is scheduled for Saturday, August 18 and Sunday, August 19 from 10 a.m. to 6 p.m. each day. The Grand Entry of Dancers is set for Saturday at 12 p.m. and Sunday at 1 p.m. Lone Star Lakes is located at 1 Bob House Parkway. For more information, call 514-7250.

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