

NEWS RELEASE
FOR IMMEDIATE RELEASE
March 30, 2009



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FUTURE HEROES WANTED

SUFFOLK, Va. (March 30, 2009) Registration is underway for this year's **Fire and Life Safety Camp** for kids ages, 7- 10. Camp activities include a ride on a fire truck, using real fire hoses, Fire Safety House, water safety, hands-on first aid training, natural disaster awareness, a police drug-detection dog in action, a 55 foot obstacle course with slide, lots of videos and activity sheets, and lunch with the firefighters.

The Fire and Life Safety Camp is designed to be fun, challenging, entertaining, and educational all at the same time. Campers will learn safety lessons about hazards around their homes and schools encountered everyday. They will experience what it's like to be a firefighter with the Suffolk Department of Fire and Rescue while building a sense of teamwork and responsibility.

Short periods of lectures and lessons followed by exercises will reinforce lessons learned. Additional lessons and activities will center around fire and life safety issues branching out to basic first aid, water safety, bike safety, search and rescue and many other interesting topics.

Attendees will be grouped into teams of 5 and will operate as a "fire company" for their activities. Leadership principles are taught to each child directly and indirectly. Each child will get the opportunity apply these principles as "company officer" for the day. Many the activities planned correlate with requirements for several Boy and Girl Scout patches.

This year's camp will have 4 sessions with the cost at 65 dollars per session for each child. The cost includes lunch and snack each day, materials to enhance the life safety messages learned during the camp, the graduation reception, and a camp tee shirt.

Dates, times, and locations are as follows:

- .. Session 1 July 13 – 17 @ Fire Station #5 located at 3901 Bridge Road
- .. Session 2 July 27 – 31 @ Fire Station #3 1001 White Marsh Road
- .. Session 3 August 10-14 @ Fire Station #5 located at 3901 Bridge Road
- .. Session 4 August 24-28@ Fire Station #3 1001 White Marsh Road

Hours for all sessions are Monday – Friday 8:30 AM – 12:30 PM. Campers can be dropped off at camp locations after 7:30 AM and must be picked up by 1:00 PM. Deadline for applications is June 24, 2009. **Early registration is suggested as the sessions fill up fast.**

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